

# Yoga-Cello 4 days Workshop

Come along and learn in my exclusive workshop how to combine yoga, meditation skills and some of there neurosciences principles with your cello practice!



**FULVIA MANCINI,CELLIST**  
**TEACHER, COMPOSER**  
**PERFORMER**  
[WWW.FULVIAMANCINI.IT](http://WWW.FULVIAMANCINI.IT)

**Hotel im  
Tiefenbrunn,**  
Via S.Agata, 14,  
39011 Lana BZ, Italia

**Mai, 2th-5th 2023**

## **Accomodations fees:**

Rooms price from 352 euro per 4 days inclusive:

- Single or Double Room( different price)
- Vital breakfast brunch "pure enjoyment"
- Yoga class, meditation, 5 Tibetans
- Wellness voucher worth 20 euros per room
- Holistic spa program with the organic certified natural cosmetics Phyto Art - experience

## **Cello Workshops fees**

390 euro per 4 days inclusive:

- 4 Cello Lessons, 45' according your wellness schedule
- One session all together about the application of the modern Neuroscience principles to your practice
- 1 Meditation session pro day

Room booking directly to: [office@tiefenbrunn.it](mailto:office@tiefenbrunn.it)  
Cello workshop booking to: [fulviacellist@libero.it](mailto:fulviacellist@libero.it)  
Please, read the conditions below

In collaboration with  
Doris Baumgartner, certified yoga teacher

## **Conditions**

- The number of candidates admitted to the course is 8
  - A waiting list will be set under request
- The cost of the workshop has to be entirely payed by 15th April 2023 by bank transfer.
- In the case of illness 50% of the fees will be refunded: 100% if the place can be covered by an other student.
  - Yoga courses are not obligatory
- Each yoga course will be leaded according to the beginner level
- Rooms booking directly by the hotel according their conditions.
  - The course requires min. number of 2 students
  - Application deadline: 15th April 2023



# FULVIA MANCINI

Ms. Fulvia Mancini is an Italian cellist with an intense focus on bringing classical music to the public of several countries. She studied in the classes of the cellists P. Demenga and Antonio Meneses and she attended the masterclass by Maria Kliegel, who gave her an important music imprinting. She was principal cello of Pierre Amoyal's ensemble Camerata de Lausanne, with whom she recorded, as soloist, Mozart's Concertone Grosso for Warner Classics in 2012. International Review of London wrote about her performance: "the cello part, less prominent and seemingly without much complexity, does have moments of technical difficulty, and Mancini brings to it an ideal dexterity and clear focus particularly in awkward string crossings". Ms. Mancini was the artistic director of the Music Festival "Regina Musica al Castello", that took place by a beautiful Castle nearby Roma (Maenza) in July 2015-2018 and of the Classics am Zürichsee Festival, Horgen 2019.

Ms. Mancini was a member of the first Orchestra "Luigi Cherubini", founded and conducted by Riccardo Muti, and has played both as soloist and in chamber music groups in France, Austria, Croatia, Russia, Switzerland and Malta. In addition, she has collaborated with famous conductors such as Penderecki, Kurt Masur, Barshai, Kavakos. In 2013 she performed with the Moscow Virtuosi under the direction of Vladimir Spivakov at the International House of Music in Moscow and performed at the Conservatory hall of Moscow as soloist.

Additionally, she earned First Prize at the Rassegna Musicale "M. Benvenuti" of Vittorio Veneto, Second Prize at the Torneo Internazionale della Musica, and Virtuosit  Prize at the Padova International AGIMUS competition. She has recorded two Dvds for Crans Montana Sound and the CD pop Quintessenza for EMI in 2006.

In the years 2005 - 2010 she obtained two Master's Degrees in the Swiss Haute Ecoles de Musique and graduated in Law at the University of Bologna. 2018 she obtained the Master in Arts administration at the University in Zurich. 2018 Mrs. Mancini has played Gulda Concerto for cello and winds orchestra with the Stadtharmonie Winterthur. 2016 Mrs. Mancini played as soloist in the Sapporo Sun Plaza Hall with the Hokkaido University orchestra and at the same time has given Masterclass with her husband, the cellist Massimiliano Martinelli. Together with him founded the cello Duo Mr&Mrs Cello, that is staying true to the mission of spreading classical-pop music to younger generations with the "Nuvole Bianche video" project. Their popular Crossover series, which comprises three albums so far, Two-Part Inventions by Bach, Great movie themes for cello duets has attracted over 10 million total streams on Spotify, and their cello arrangements are published by Hal Leonard from 2020. The duo is from 2022 artist-composer by Trailerbros. Much like fellow digital stars Brooklyn Duo and The Piano Guys, Mr & Mrs Cello are evolving our idea of classical music, helping bridge the gap between the classical and pop music worlds.

Ms. Mancini first compositions "The four seasons of 2020" for cello duet and " chapp e" for cello solo are published by Halidonmusic.